# **Central Texas African American Family Support Conference Awards**

# Garnet F. Coleman "Eternal Flame" Award

This award was created to honor Texas State Representative Garnet F. Coleman and acknowledges his life-long local and national work and achievements in health and human services

This award will be given based upon the extent to which the nominee meets the following three criteria:

Involved in State, Local Government and Community

- a. This person may be employed by any governmental entity or active in local community that affects the Central Texas area.
- b. This person is a highly respected person of the community.
- c. A person who is/has been a volunteer on a board or in the community.
- *d.* This person demonstrates commitment and dedication to the African American community.

Committed to expanding health care access to all

- a. Has changed attitudes and enhanced the perception of the value of quality contributions of people with disabilities.
- b. This candidate develops activities that are new and exciting in ways that will draw community interest and participation of the target audience.
- c. Acts as a team player and encourages teamwork in others

Works on reducing health disparities in mental health

- a. Those that advocate for mental health and wellness in the Central Texas Area.
- b. Shares personal knowledge and skills with others in an effort to promote the positive welfare of others with mental health issues.
- c. Serves on committees that promote mental wellness in our community.
- d. They have created an original idea or adapted an existing program which resulted in a long-term benefit to African Americans.

# The Richard Hopkins "Torch" Award

The "Torch" Awards acknowledge individuals who works to improve the lives of those affected by mental health or other health related issues within the Central Texas Community. These awards honor the work and advocacy of Richard E. Hopkins, Vice –Chair of the Integral Care Board of Trustees and longtime conference supporter.

This award will be given based upon the extent to which the nominee meets the following three criteria:

### Advocate

- a. Fosters the mission of people with mental health challenges that have lived experiences.
- *b.* Fights for the rights of people with mental health challenges in planning, participating or presenting in health related issues in the Austin community.
- c. A known supporter of Central Texas African American Family Support Conference.
- d. Demonstrates wisdom, courage and compassion.

### Determined

- a. Demonstrated ambassadorship; courageous;
- b. Willing to make decisions based on community values, and skills that may affect the consumers and their families.
- c. Works well with individuals with mental health challenges.
- d. Persistent in identifying and developing lucrative avenues that yield positive results for Central Texas African American Family Support Conference.

### Role Model

- a. Those who serve as a positive source of inspiration for the African-American community.
- b. They demonstrate a high commitment to ethics.
- *c.* A trustworthy person in the community.
- d. Knowledgeable about the needs of people with Mental Health.

These individuals can be nominated in the following categories:

- Community Leader
- Family Member
- Professional
- Consumer