



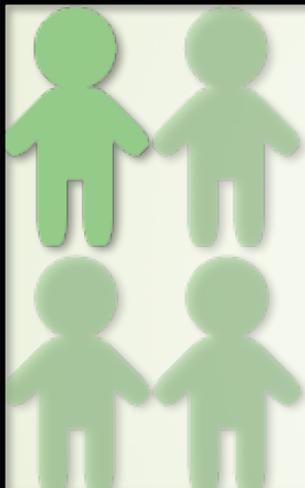
GROWN AS KIDS

CONFESSIONS OF AN AFTER- SCHOOL SITE DIRECTOR



Outline and Takeaways

1. The importance of after- school time and why its so important.
2. Social emotional Learning and its advantages.
3. Four Confessions that every parent can benefit from.
4. Q & A



1.5M OF AMERICAN
YOUTH
ARE ALONE AND UNSUPERVISED AFTER SCHOOL

These are MY kids.



Social- Emotional Learning (SEL)

- ▶ What is SEL?
 - ▶ SEL is the process of developing personal and inter-personal knowledge and skills related to feelings, thoughts and behaviors.
 - ▶ the ability to regulate emotions to promote emotional and intellectual growth.





Why is it important After- school?

- Studies have suggested that SEL programs like these reduce violence, aggression, truancy, and drug use in schools, while improving schools' overall social climate.
- These districts have reported great success in decreasing student's stress levels, negative behaviors, and experiences of bullying while increasing positive peer relationships and feelings about school. Additionally, they **found** that while building these soft skills, the students' academic performances improved.



Emotional Intelligence (EQ)

Represents an ability to validly reason with emotions and to use emotions to enhance thought.

- ▶ Educating the mind without educating the heart is no education at all.
- Aristotle



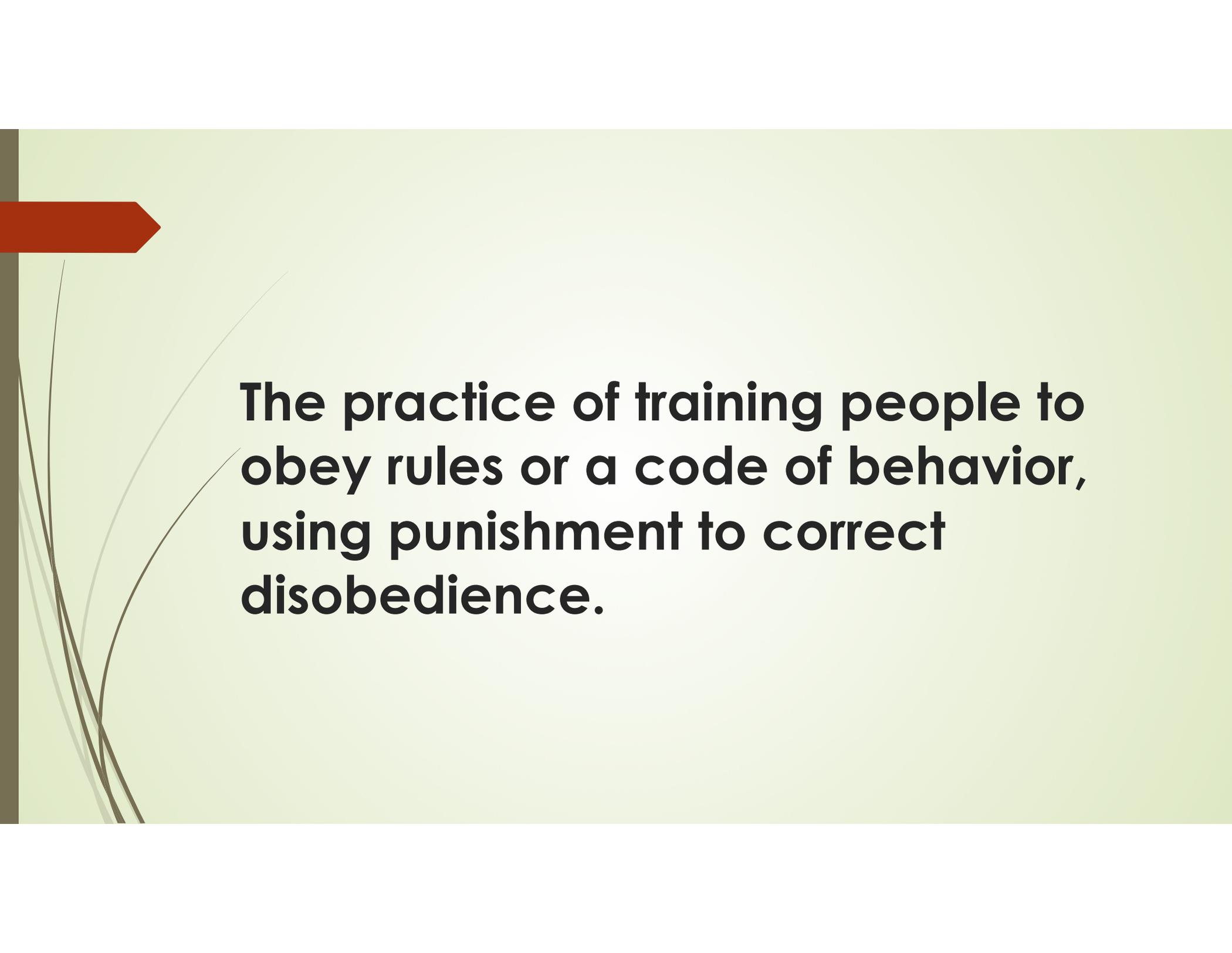
**Too Much Coddling and not enough
Discipline.**



Confession #1



Discipline



The practice of training people to obey rules or a code of behavior, using punishment to correct disobedience.

1. Take Time for Training



2. Fill the Attention Basket

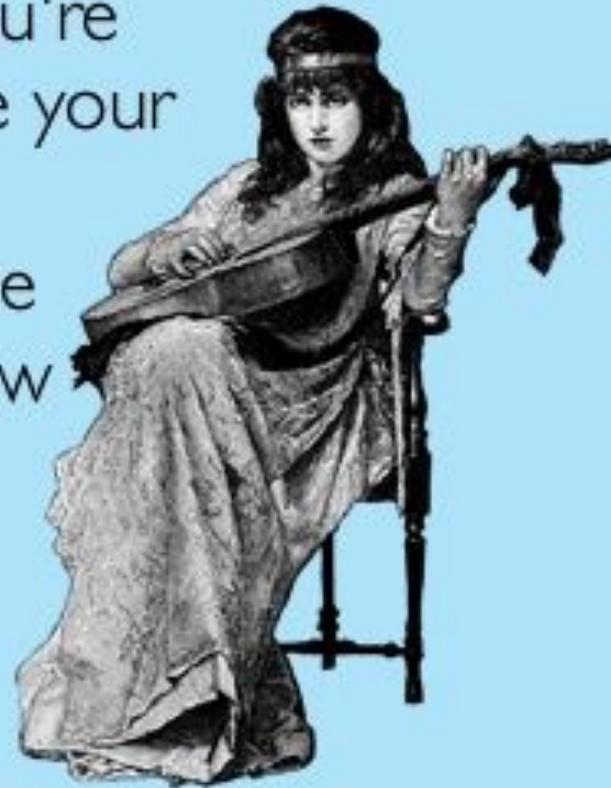




Why it helps!

- Supper can be a stress reliever
- Improves confidence with grades
- Decrease peer pressure
- Improves meal quality and portion control
- Put cash in your pocket

I understand that you're hesitant to discipline your child because you don't want to be the bad guy. Please, allow me.



your  cards
someecards.com



They WANT Discipline
(They just don't understand why)

3. Set Limits and Stick to Them





Developing the Passion



Confession **#2**



Profession VS. Passion

Why Is Passion Important?





1. Inspiring Passion

- ▶ Try a lot of different activities THEN focus on a few specific interests.



2. Create Opportunities

➤ EX.

- University/ college/ community Career fairs
- Summer camps
- Find them a career mentor



A Few Warnings for Parents

- There is no “right” passion.
- Support your kids Vision
 - But have a backup plan



Lets Get Comfortable

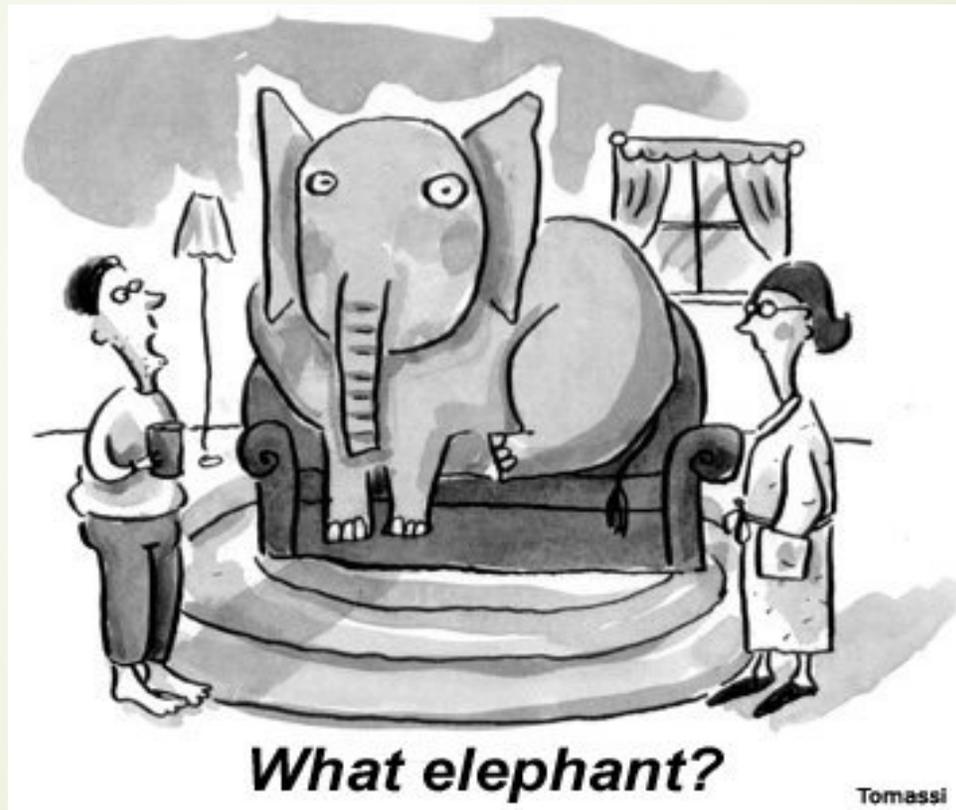


Confession **#3**



Say it with me SEXXXXXXX...

They are having sex!





Just come right out and ask the big questions!

SEX!!!!





Technology

- ▶ **Monitor their social media accounts**

- ▶ KIK
- ▶ TWITTER
- ▶ FB
- ▶ VINE
- ▶ INSTAGRAM
- ▶ MUSICLY
- ▶ SNAPCHAT

- ▶ **Monitor what they watch**

- ▶ **Delegate how much time they watch TV- Avg 8 hrs/day**

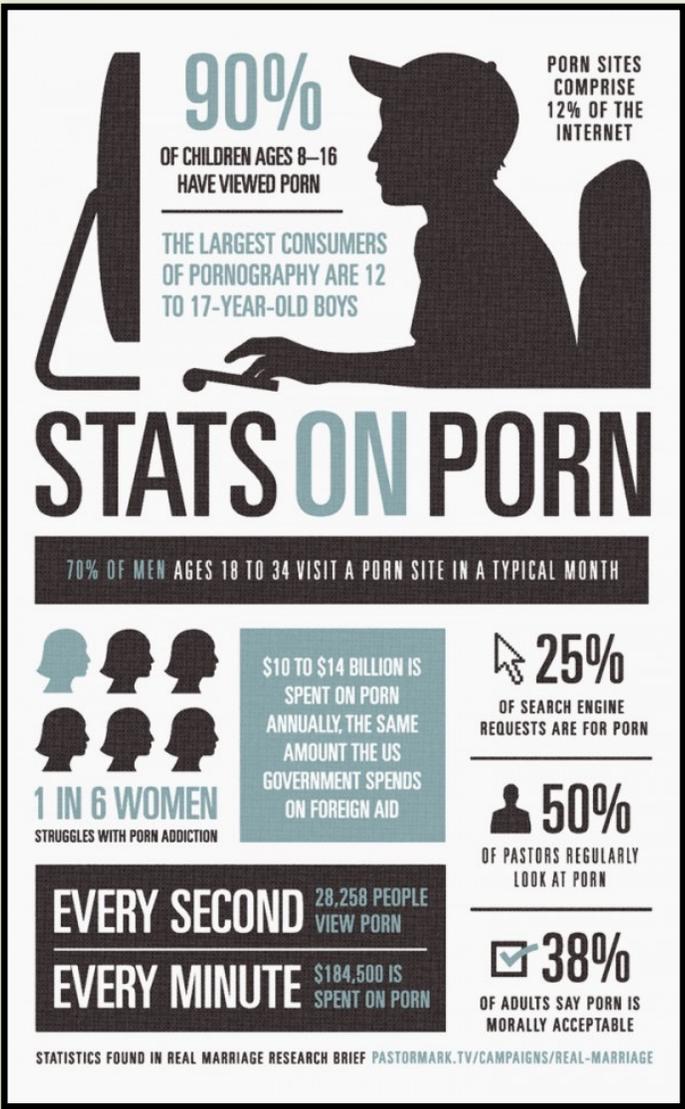


**WARNING!!! Sensitive and Taboo
Topic.**



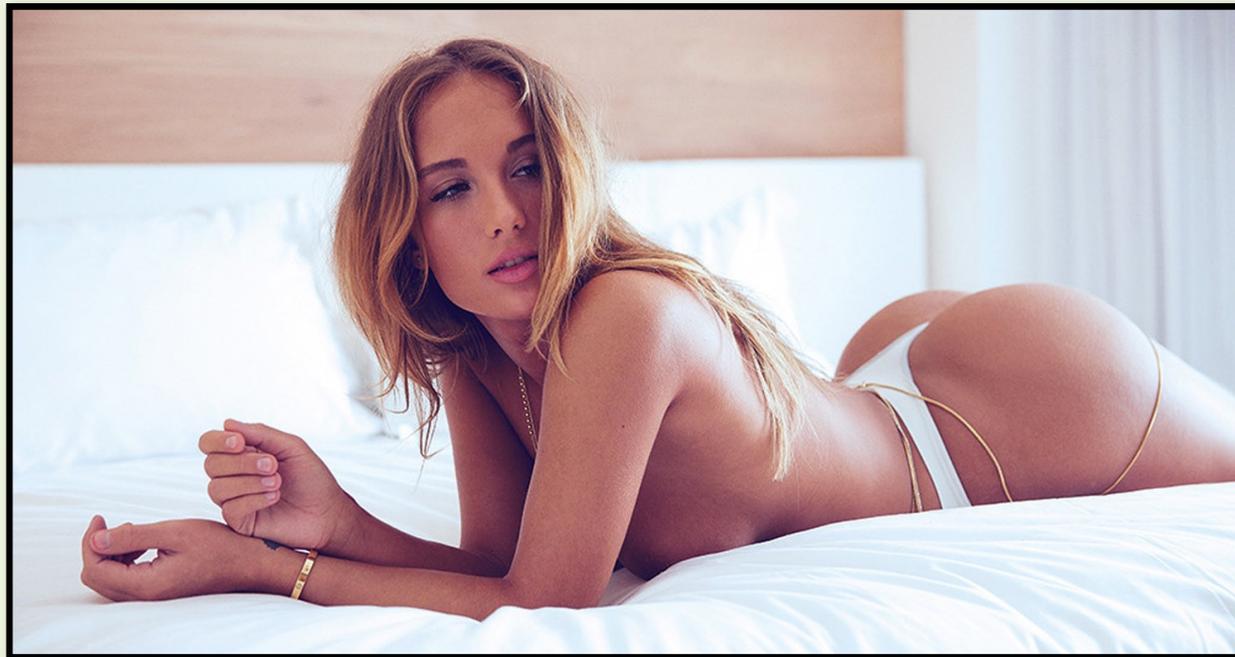
PORN





- 90% 8-16 have watched porn.
- Porn sites comprise 12% of the internet.
- largest consumer are 12- 17 yo Boys.

OUR GIRLS AND YOUNG WOMEN HAVE
IT THE TOUGHEST!!!



Canadian Women's Health Network- 2013

[Home](#) > [Hypersexualization of young girls: What are the issues? Should we be worried?](#)

Hypersexualization of young girls: What are the issues? Should we be worried?

[Printer-friendly version](#) Text Size: Normal / Medium / Large

Does hypersexualization actually harm girls? The American Psychological Association maintains there is real cause for concern, but in the U.K. researchers find that there is "much less agreement on what the effects of the sexualization of culture, in general or specifically on children, might be." (See "Letting Children be Children".)

Many say that the real issue with hypersexualization is the objectification of girls and women. They propose that hypersexualization is not about sexuality but about sexism and about who holds the real power in our world. Objectified girls are being groomed to accept the passive role of object, whose main source of power is her appearance.

Pornography is a big part of the problem, according to some, such as the Réseau québécois d'action pour la santé des femmes. Soft porn images now abound and seem normal in pop culture aimed at teens and tweens.

And some say that it's all about the bottom line, that, because 'sexy sells', the fashion and toy industries are targeting girls for new markets in the same way the tobacco and alcohol industries target adolescents.

And still others think that there is no real evidence of harm from playing with Bratz Dolls and little girls gyrating to their favourite Rap song, and that we are simply afraid of our children's "legitimate" sexuality. By being so reactive, some think, we only end up shaming little girls for being naturally sexual.

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SEX Education is for Old People

- ▶ Presents basic information of anatomy, STIs, and condom demonstrations with out addressing the social and emotional actions leading up to sexual engagement.



SEX Health Education is whats LIT!

- ▀ Ideally, sexual health education (as opposed to sex education) goes beyond the basic information of anatomy, STIs, and condom demonstrations.
 - ▀ It allows students to know themselves
 - ▀ their emotions
 - ▀ their self-worth
 - ▀ their values and goals
 - ▀ communication and make decisions with someone else.
 - ▀ Sexual health education is heavily rooted in the core components of SEL.



UNPLUG!



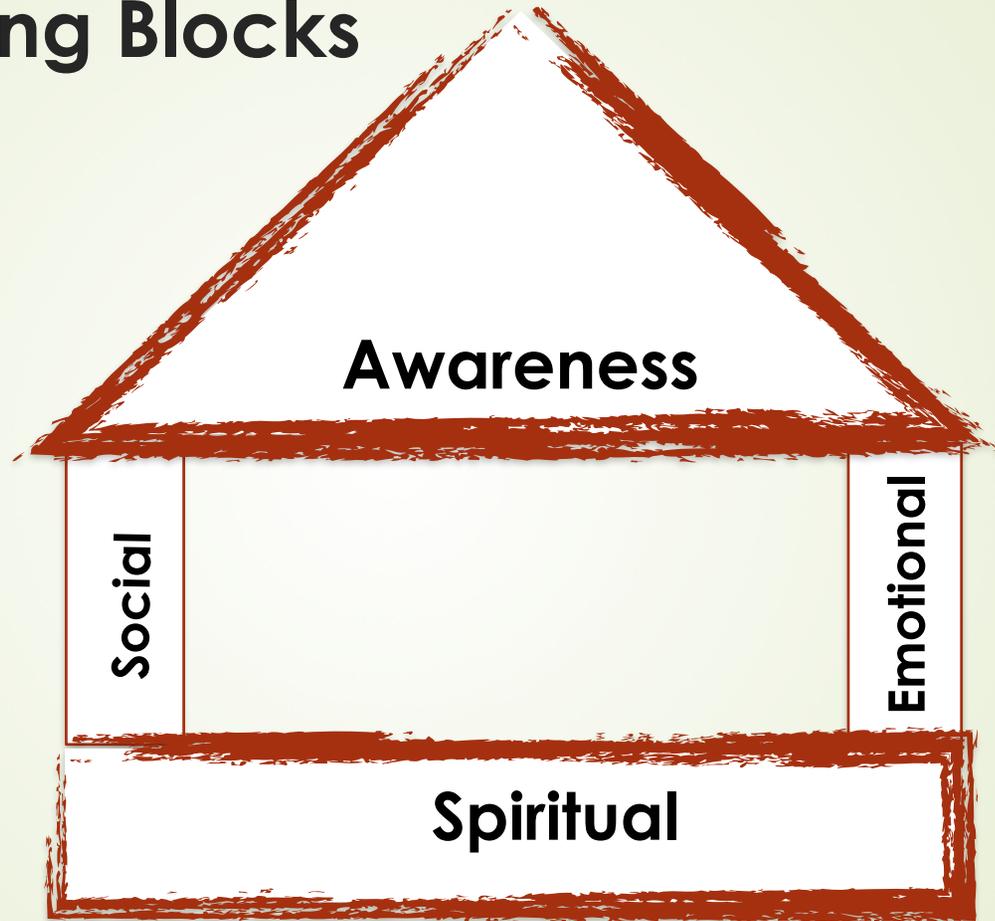


Spirituality

Confession

#4

Building Blocks





Rejection of Structure

- ▶ institutions
 - ▶ government
 - ▶ churches
 - ▶ and Marriages
- 



Generation Z



Embrace Them!

- ▶ They are looking for their purpose
- ▶ They are looking for direction
- ▶ They are looking for mentors
- ▶ they are not ignorant to the harsh realities of the world
- ▶ They want someone to talk to
- ▶ They are hurting from pains from generational family issues
- ▶ No but Literally!

Q & A





Thank
You

ADD ME!



lcy Walker



lcy_Inspired



lcy W.

