

**Austin Travis County
Mental Health
Mental Retardation Center**

Presents

“Reach Out”



The inaugural

**CENTRAL TEXAS
AFRICAN-AMERICAN FAMILY
SUPPORT CONFERENCE**

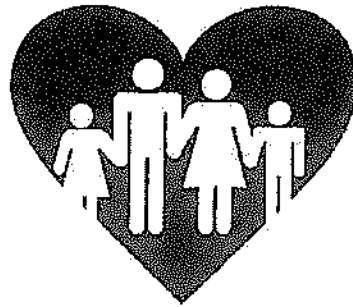
November 11, 2000

**Holiday Inn Airport South
3401 South IH-35
Austin, Texas**

Central Texas African-American Family Support Conference

November 11, 2000

“Reach Out”



Vision

The Central Texas African-American Family Support Conference is a partnership of stakeholders dedicated to the empowerment of families and individuals with behavioral health care needs by providing information, support, and networking opportunities that inspire hope for a brighter future.

Mission

The Central Texas African-American Family Support Conference shall continue to strengthen family and individual awareness of available behavioral health care services through culturally sensitive education, supports, and partnerships.



Central Texas African-American Family Support Conference
November 11, 2000

Conference Agenda
November 11, 2000
“Reach Out”

Time	Event	Location
8:00 – 9:00 a.m.	REGISTRATION	Lobby
9:00 - 9:30 a.m.	INVOCATION -- Reverend Oscar Howard, Freedom Home Baptist Church	Large Ballroom
	PROGRAM, FACILITY, AND SPIRIT OF THE CONFERENCE – Willie Williams, Provider Relations Liaison, Austin Travis County Mental Health Mental Retardation Center	Large Ballroom
	WELCOME – Karen Hale, Commissioner, Texas Department of Mental Health Mental Retardation Center	Large Ballroom
9:30 – 10:00 a.m.	KEYNOTE ADDRESS – King Davis, Ph.D., University of Texas at Austin School of Social Work	Large Ballroom
10:00 – 10:15 a.m.	BREAK	

Central Texas African-American Family Support Conference
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November 11, 2000 Agenda Continued...

Time	Event	Location
10:15 – 11:15 a.m.	OPENING SESSION Faith Leaders Dispel Myths Regarding Mental Illness -- Reverend Oscar Howard, Freedom Home Baptist Church; Rev. H. Ed Calahan, Agape Baptist Church; Associate Minister Mike Manor, Mount Zion Baptist Church	Large Ballroom
11:15 - 11:30 a.m.	QUESTIONS AND ANSWERS -- King Davis, Ph.D., University of Texas at Austin's School of Social Work	Large Ballroom
11:30 a.m. – 12:00 p.m.	BREAK	
12:00 - 1:15 p.m.	INVOCATION – Rev. Donald E. Brewington, College Chaplain at Huston-Tillotson College	Large Ballroom
	LUNCH SPEAKER -- State Representative Garnet Coleman: Diagnosing Mental Illness Properly – A Personal Perspective	Large Ballroom
1:30 – 2:15 p.m.	Concurrent Sessions <i>Support and Advocacy</i> Finding Support in Time of Need – Brenda Coleman-Beattie, Consultant	Friendship



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November 11, 2000 Agenda Continued...

Time	Event	Location
1:30 – 2:15 p.m. <i>Continued</i>	<i>Health Care</i> Ask the Doctors Mind & Body Questions – Jim Van Norman, MD, Austin Travis County Mental Health Mental Retardation Center; Daryl Knox, MD, Medical Director, Texana Mental Health Mental Retardation Center; and Donald Tucker, MD, Emergency Medicine Physician, Metroplex Hospital	Executive Instruction Center
	<i>Benefits and Health Plans</i> Types of Benefits Available to Consumers – Beth Dennis, Austin Child Guidance Center; Vicky Coffee, Children's Partnership; Jo Ann Brandon, CARE Program; Sarah Jackson, Bluebonnet Trails Community Mental Health Mental Retardation Center; and Martha Toles, Hill Country Community Mental Health Mental Retardation Center	Mercury
2:15 – 2:30 p.m.	BREAK	



November 11, 2000 Agenda Continued...

Time	Event	Location
2:30 – 3:15 p.m.	Concurrent Sessions	
	<i>Support and Advocacy</i>	Friendship
	What Support and Advocacy Mean to Me – LaRita and Alex Pryor	
	<i>Health Care</i>	Executive Instruction Center
	Ask the Doctors Mind & Body Questions – Daryl Knox, MD, Medical Director, Texana Mental Health Mental Retardation Center; and Donald Tucker, MD, Emergency Medicine Physican, Metroplex Hospital	
2:30 – 3:15 p.m. <i>Continued</i>	<i>Benefits and Health Plans</i>	Mercury
	Ask the Expert: – Mary Stone, Director of Integrated Mental Health Services; and Jim Van Norman, MD, Austin Travis County Mental Health Mental Retardation Center	
3:15 – 3:30 p.m.	BREAK	



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November 11, 2000 Agenda Continued...

Time	Event	Location
3:30 – 4:15 p.m.	Concurrent Sessions <i>Support and Advocacy</i>	Friendship
	How to Begin a Support Group that Works and Understands Me – Linda Zweifel, National Alliance for Mental Illness – Texas	
3:30 – 4:15 p.m.	<i>Health Care</i> Ask the Pharmacist -- Stacey Mendelson, Pharm.D. <i>Benefits and Health Plans</i>	Mercury
	SSI/SSDI: Who's Eligible/Eligibility Criteria – H. Clyde Farrell, Attorney	Executive Instruction Center
4:15 - 5:00 p.m.	PULLING IT ALL TOGETHER Building Relationships to Sustain Us Year 'Round – Willie Williams, Provider Relations Liaison, Austin Travis County Mental Health Mental Retardation Center CONVOCATION -- Denise Little, Austin Academy	Large Ballroom



Central Texas African-American Family Support Conference Speakers' Biographies

Jo Ann Brandon, LMSW-ACP

Jo Ann Brandon is the Clinical Supervisor of the Austin Travis County Mental Health Mental Retardation Center's C.A.R.E. Program. She also has a private psychotherapy practice.

As clinical supervisor, Ms. Brandon provides individual, couple and group psychotherapy; consults and prepares families for adoption; and develops and implements treatment interventions.

Ms. Brandon received a bachelor of science degree from the University of Mary Hardin-Baylor in Belton, Texas, and a master of social work degree from Our Lady of the Lake University in San Antonio, Texas.

Rev. Donald E. Brewington

Reverend Donald E. Brewington is College Chaplain at Huston-Tillotson College in Austin. He is also an instructor in the Department of Philosophy and Religion.

Reverend Brewington has served as pastor of the Ernest T. Dixon United Methodist Church in San Antonio, and as youth minister at the Corinth Baptist Church in San Antonio.

Prior to his work in the ministry, Reverend Brewington worked as a high school teacher in both the Altair Independent School District and the Fort Sam Houston Independent School District.

Reverend Brewington has been named to both the Who's Who Among Black Americans and Outstanding Young Men of America lists.

Reverend Brewington received a bachelor's degree from Sam Houston State University in Huntsville, Texas, and a master's of divinity degree from the Interdenominational Theological Center at the Morehouse School of Religion in Atlanta, Georgia.



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Speaker Biographies Continued...

Reverend H. Ed Calahan

Reverend Ed Callahan is pastor of Agape Baptist Church in Austin.

Vicky Coffee-Fletcher

Vicky Coffee-Fletcher is a therapist with Austin Travis County Mental Health Mental Retardation Center's Family Preservation Program and a unit manager with the Child and Adolescent Psychiatric Team.

Mrs. Coffee-Fletcher also serves as the wraparound director at The Children's Partnership, as an educational and vocational therapist at The Brown Schools, and as a member of the Children and Adult Partial Hospital Program with Philadelphia Community Mental Health Mental Retardation Services.

Mrs. Coffee-Fletcher received both a bachelor of science degree in child and family development and a master of education degree in counseling and guidance from Southwest Texas State University in San Marcos, Texas. She has been a licensed professional counselor for 6 years.

Brenda Coleman-Beattie

Brenda Coleman-Beattie is a consultant who specializes in managed behavioral healthcare and finance. Earlier in her career, she served as director of development for EduCare, and as financial services director, deputy director of finance, and acting director of finance for the City of Seattle, Washington.

Ms. Coleman-Beattie earned a bachelor of arts degree in international relations from Drake University, and a master of arts degree in Latin American Studies from the University of Texas at Austin.

She is certified by the Association for Financial Professionals.



Speaker Biographies Continued...

Garnet F. Coleman, State Representative

Garnet F. Coleman represents the Houston area in the Texas House of Representatives. He has held this position since 1991.

Representative Coleman also is the community relations manager for Guardian Savings, and is a co-owner of Peacole Ice Cream in Houston.

Representative Coleman serves as vice-chairman of the House Committee on Public Health, and as a member of the House Committee on Appropriations.

Representative Coleman has used his status in the Texas House of Representatives to joint-author legislation that created the Children's Health Insurance Program. He also secured \$178 million in state funds for CHIP.

Representative Coleman has been honored in *Texas Monthly's* Ten Best Legislators List, as Texas Alliance for the Mentally Ill's Legislator of the Year, and numerous other honors.

King Davis, Ph.D.

Dr. King Davis is the Robert Lee Sutherland Chair in Mental Health and Social Policy at the University of Texas at Austin's School of Social Work. Prior to this position, he served as a professor of Public Mental Health Policy and Planning at the Virginia Commonwealth University School of Social Work.

Dr. Davis is the former Commissioner of the Virginia Department of Mental Health Mental Retardation and Substance Abuse Services.

Dr. Davis has held the William and Camille Cosby Chair at Howard University's School of Social Work in Washington, D.C., and the Libra Chair at the University of Maine.

Dr. Davis received his bachelor and master's degrees from California State University in Fresno, California. He then received a doctorate of philosophy from the Florence G. Heller School of Advanced Studies in Social Welfare at Brandeis University.



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Speaker Biographies Continued...

Beth Dennis, LMSW-ACP

Beth Dennis is a therapist at the Austin Child Guidance Center, where she coordinates school and community-based programs and provides therapy for children and families.

Prior to this position, she served as a rehabilitation teacher for the Texas Commission for the Blind, and as a social worker in Charter Hospital's adolescent unit.

Ms. Dennis received a bachelor of arts degree in psychology and a master's of science degree in social work from the University of Texas at Austin.

H. Clyde Farrell

H. Clyde Farrell is a certified elder law attorney in private practice. He is also a certified financial planner.

Mr. Farrell is the former chief of the Texas Attorney General's elder law section. He is a founder and past president of the Texas Chapter of the National Academy of Elder Law Attorneys. He is a volunteer attorney and consultant with Family Eldercare, and a past president of that organization in Austin.

Mr. Farrell is the author of several professional papers and numerous articles on elder law.

Karen F. Hale

Karen F. Hale is commissioner of the Texas Department of Mental Health and Mental Retardation. Prior to this position, she served as interim commissioner and assistant commissioner.

Before joining TDMHMR, Ms. Hale served as associate director of the Mental Health Association in Texas for eight years. She also served in various capacities with the Fort Worth State School and Tarrant County MHMR Services.

Ms. Hale received a master of science in social administration from Case-Western Reserve University.



Speaker Biographies Continued...

Reverend Oscar Howard

Reverend Oscar Howard is pastor of Freedom Home Baptist Church in Austin.

Sarah Jackson, Ph.D.

Dr. Sarah Jackson is a psychologist at Bluebonnet Trails Community Mental Health Mental Retardation Center. At Bluebonnet Trails Community MHMR, she provides individual psychotherapy and leads therapy groups at mental health centers.

Prior to this position, Dr. Jackson worked with autistic adults in North Carolina and served as a program director of a residential facility for autism.

Dr. Jackson received a bachelor's degree at the University of North Carolina in Chapel Hill, and a doctorate from the University of Southern Mississippi.

Daryl K. Knox, M.D.

Dr. Daryl K. Knox is the interim executive director of the Texana Mental Health Mental Retardation Center. Prior to this position, he served as Medical Director for Texana MHMR. He is certified in psychiatry and neurology.

Dr. Knox received a bachelor of arts degree from the University of Wisconsin in Madison, and his medical doctorate from the University of Wisconsin Health Science Center. He has been practicing medicine since 1982.

Dr. Knox has served as a consultant to hospitals, juvenile probation programs, and correction departments. He has also authored several medical articles in various publications.

Michelle Lewis

Michelle Lewis is with the Austin Travis County Mental Health Mental Retardation Center.



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Speaker Biographies Continued...

Denise Little

Denise Little is a case manager at The Austin Academy where she works with adults seeking their GED, workplace competency, and computer skills.

Through her advocacy for women and children's rights, Ms. Little was honored as a Business Opportunity Symposium Series Woman of Distinction.

Ms. Little is a published poet and citywide parent educator for area schools and service agencies empowering parents.

Ms. Little holds a degree from Marion College.

Michael P. Manor, ACSW, LMSW-ACP

Michael P. Manor is the interim division director for the family support services division of the Travis County Health and Human Services and Veteran Services Department. He also has a private social work practice.

In addition to his professional career, Mr. Manor is an associate minister at Mount Zion Baptist Church.

Mr. Manor has held various positions with Austin Travis County Mental Health Mental Retardation Center and with the Texas Department of Mental Health and Mental Retardation.

Mr. Manor is a member of the Texas Association of Community Action Agencies, the American Association on Mental Retardation and the National Association of Social Workers.

Mr. Manor holds a bachelor of arts degree in liberal arts and sociology and a master of science degree in social work from the University of Texas at Austin.



Speaker Biographies Continued...

Stacy C. Mendelson, Pharm. D

Stacy C. Mendelson is the assistant director and clinical psychopharmacologist at the Austin State Hospital. She also serves as an assistant professor at the University of Texas at Austin.

Mrs. Mendelson received a bachelor of science degree in microbiology from Auburn University in Auburn, Alabama. She then received a bachelor of science degree in pharmacy and a doctor of pharmacy degree from Samford University in Birmingham, Alabama. She is a board certified psychiatric pharmacist.

Mrs. Mendelson has been a distinguished speaker and presenter at numerous events, and she is a published author.

Alex Pryor

Alex Pryor is the co-owner of Princess Press.

Princess Press has published eight books written by African-American consumers of mental health services.

Mr. Pryor received a bachelor of science degree in electrical engineering from Cal Poly in San Luis Obispo, California.

Mr. Pryor shares his life with his wife, LaRita.

LaRita Booth Pryor

LaRita Booth Pryor is the co-owner of Princess Press.

She received a bachelor of arts degree in political science and French from Colorado Women's College in Denver.

Mrs. Pryor has been a consumer of mental health services, and is a commercially published author.

Mrs. Pryor shares her life with her husband, Alex, whom she met at the first statewide caucus for the mentally ill. She credits the strength of their 13-year marriage to 'mutual support.'



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Speaker Biographies Continued...

Mary Stone

Mary Stone is the president of Tejas Behavioral Health Services, Inc., and the chief executive officer of Integrated Mental Health Services. She accepted this position after successfully implementing the behavioral health component of the Children's Health Insurance Program for several health plans throughout the state.

Mrs. Stone also has served as a member of the government programs division for a large health maintenance organization, where she served as a compliance liaison between governmental agencies for the Medicaid Managed Care Program.

Martha Toles

Martha Toles is the rehabilitation coordinator and assistant center director for the Hill Country Community Mental Health Mental Retardation Center, which she has served for 22 years.

Ms. Toles supervises and implements rehabilitation programs, supported housing programs, and supported employment programs. She also oversees SSI/SSDI staff members.

Ms. Toles's undergraduate work is in the field of psychology.



Speaker Biographies Continued...

Donald Tucker, M.D.

Dr. Donald Tucker is a full-time emergency medicine physician at Metroplex Hospital in Killeen, Texas.

Prior to this position, Dr. Tucker served as medical director and staff physician at the South Austin Family Care Center, and as an emergency room physician at Seton Northwest Hospital.

Dr. Tucker is a published author and has affiliations with St. David's Hospital, Brackenridge Hospital, South Austin Hospital, Seton Hospital, St. May Medical Center in both Gary and Hobart, Indiana, and Methodist Hospital in both Gary and Merrillville, Indiana.

Dr. Tucker is a member of the Travis County Medical Society, National Medical Association, American Academy of Family Practice and several other professional organizations.

Dr. Tucker received a bachelor of arts degree in biology from Hampton University in Hampton, Virginia, and a doctorate of medicine from Wayne State University's School of Medicine in Detroit, Michigan.

Jim Van Norman, MD

Dr. Jim Van Norman is the director of medical and clinical services at the Austin Travis County Mental Health Mental Retardation Center.

Dr. Van Norman also serves as the vice-president and medical director of Tejas Behavioral Health Services, Inc.

Prior to his position at ATCMHMR, Dr. Van Norman served as medical director of the Northwest Community Services Center with the Travis County MHMR Authority and as an associate professor with the University of Texas Medical School Department of Psychiatry.

Dr. Van Norman received his doctorate of medicine from the University of Texas Medical School in Houston. He is a board-certified psychiatrist.



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Speaker Biographies Continued...

Willie G. Williams, M.S., L.C.D.C., C.A.S.

Willie G. Williams is the Provider Relations Liaison for the Austin Travis County Mental Health Mental Retardation Center. In this position, he acts as the Center's representative to community and government agencies.

Prior to this position, Mr. Williams served in various positions at ATCMHMR. He has also served as an educator at the Texas School for the Deaf.

Mr. Williams is a member of the board of directors of Leadership Austin, Services for the Elderly, and Lions Club International, South Austin.

Mr. Williams serves Health Partnership 2010, and the Sustainability Indicators Project. He is the chair for the South Texas Family Support Conference committee and the Central Texas African-American Family Support Conference committee.

Mr. Williams holds a bachelor of arts degree in sociology from Southwestern College in Winfield, Kansas, a master teacher certification from the University of California-Berkeley, and a master of science degree in social psychology from Otay Mesa College in San Diego, California.

Rick Ybarra

Rick Ybarra is director of multicultural services for the Texas Department of Mental Health and Mental Retardation, where he coordinates the development and evaluation of culturally competent mental health and mental retardation services system-wide.

Prior to this position, Mr. Ybarra served the MHMR community at the San Antonio State Hospital, the El Paso State Center, and the Life Management Center in El Paso, Texas.

Mr. Ybarra has 17 years of clinical and administrative experience in both private and public mental health fields.

Mr. Ybarra received both a bachelor of arts degree in psychology and a master of arts degree in clinical psychology from Saint Mary's University in San Antonio, Texas.



Speaker Biographies Continued...

Linda Zweifel

Linda Zweifel is education director and affiliate coordinator for NAMI Texas, where she implements programs for the mentally ill.

Ms. Zweifel is a national and state trainer for programs regarding mental illness.

Ms. Zweifel travels nationwide to implement Visions for Tomorrow, a NAMI Texas education program that addresses the needs of children and adolescents with brain disorders.



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Sponsors

Thanks to the following organizations for their contribution to the success of the inaugural Central Texas African-American Family Support Conference

Austin Travis County Mental Health Mental Retardation Center

Bluebonnet Trails Community Mental Health Mental Retardation Center

Brenda Coleman-Beattie

Eli Lilly & Co.

Freedom Home Baptist Church

Hill Country Community Mental Health Mental Retardation Center

Hogg Foundation

Huston-Tillotson College

Texas Department of Mental Health and Mental Retardation

The University of Texas at Austin School of Social Work



Exhibitors

Thanks to the following organizations for exhibiting their organizations.

Advocacy Inc.

Any Baby Can

Association of Retarded Citizens – Pilot Parent Program

Austin Academy

Austin Child Guidance Center

Austin Travis County Mental Health Mental Retardation Center

Bluebonnet Trails Community Mental Health Mental Retardation Center

Community AIDS Resource and Education (CARE) Program

Connections Resource Center

Huston-Tillotson College

Insure-a-Kid

Life Works

National Association for Mental Illness

PLAN

Princess Press

Texas Department of Health, Minority Health Division

Texas Mental Health Consumers



Central Texas African-American Family Support Conference
November 11, 2000

Door Prizes

Austin Children's Museum

Austin Child Guidance Center

Beat 104.3

H-E-B

KXAN

ATCMHMR

News 8

NARSAD

Texas Department of Public Health



Special Thanks

The Central Texas African-American Family Support Conference sponsors would like to thank the following people for their help in making the conference a success:

City of Austin

Tracy Cannon

Conference Steering Committee

Leslie Conley

Reshma Deshmukh

Kim Gormley

Leanne Grisham

Joe Gutierrez

Dr. Debra Murphy's Psychology Classes at Huston-Tillotson College

Jennifer LeBourveau

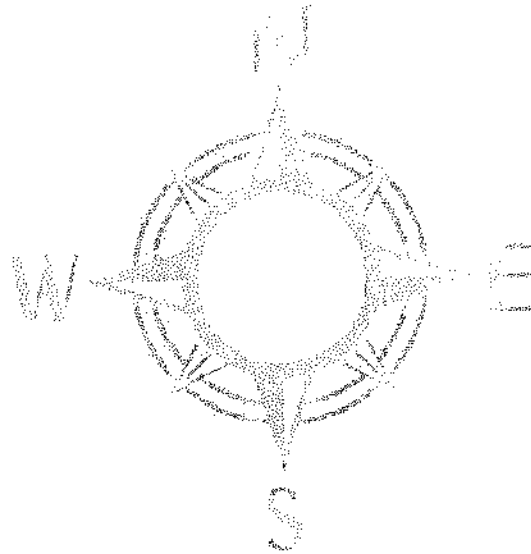
Sky Lee

Motorblades

Randy Reed

La Kesha Richmond

Make plans now to attend the...



**Seventh Annual
South Texas Family Support
Conference**

**June 14-16, 2001
Austin, Texas**

**For more information call Sharon Walker at
512-447-4141.**



New Friends I've Met

Name:	Notes:
Address:	
City, State Zip:	
Phone:	
Fax:	
E-Mail:	
Name:	Notes:
Address:	
City, State Zip:	
Phone:	
Fax:	
E-Mail:	
Name:	Notes:
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Notes

**Central Texas African-American
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November 11, 2000**

Please take a few minutes to complete this evaluation. Your input is important to future conferences. Thank you for your help!

Please circle the number that you feel is most appropriate for the success of each session indicated.

	Fair	Average	Good	Superior
Opening Session	1	2	3	4
Keynote Address	1	2	3	4
Faith Leaders Dispel Myths Regarding Mental Illness	1	2	3	4
Diagnosing Mental Illness Properly – A Personal Perspective	1	2	3	4
1:30 p.m. – 2:15 p.m.				
Finding Support in Time of Need	1	2	3	4
Ask the Doctors Mind & Body Questions	1	2	3	4
Types of Benefits Available to Consumers	1	2	3	4
2:30 p.m. – 3:15 p.m.				
What Support and Advocacy Mean to Me	1	2	3	4
Ask the Doctor Mind & Body Questions	1	2	3	4
Ask the Expert	1	2	3	4

Carr

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Please take a few minutes to complete this evaluation. Your input is important to future conferences. Thank you for your help!

Please circle the number that you feel is most appropriate for the success of each session indicated.

	Fair	Average	Good	Superior
<hr/> 3:30 p.m. - 4:15 p.m.				
How to Begin a Support Group that Works and Understands Me	1	2	3	4
Ask the Pharmacist	1	2	3	4
SSI/SSDI: Who's Eligible/Eligibility Criteria	1	2	3	4
<hr/> 4:15 p.m. - 5:00 p.m.				
Closing Session	1	2	3	4

**Central Texas African-American
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What question(s) would you like to have answered about mental health that was not addressed in this conference? Your question(s) will be used to develop future conference sessions. If you would like an answer to your question(s) by a qualified professional please leave your name and contact information.

Do you have any suggestions regarding future topic or speakers?

Is there a specific session(s) you would like to see us repeat next year?

Additional Comments:

Please complete this area if you would like to have a specific question answered or if you would like to be notified of future conferences. If you would like to remain anonymous, questions will be answered in future conferences.

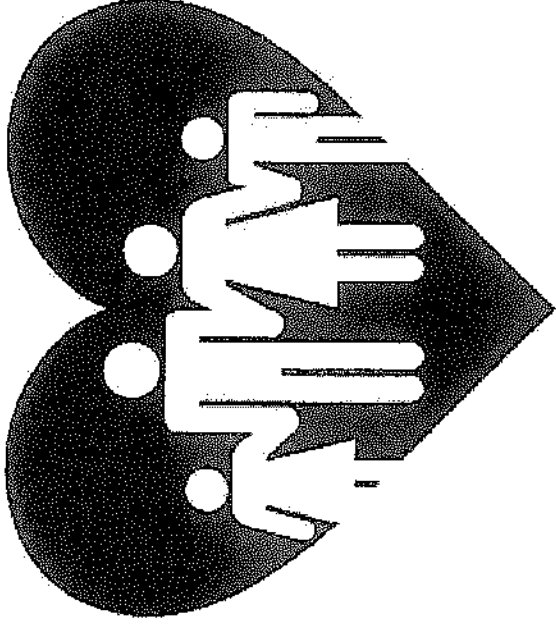
Name: _____

Address: _____

City, State, Zip _____

Phone: _____

E-mail: _____



“Reach Out”

Certificate of Participation

Be it known to all present that _____

*participated in the
Inaugural Central Texas African-American Family Support Conference on
November 11, 2000, at the Holiday Inn South in Austin Texas.*

Willie Williams

*Chair, Central Texas African-American
Family Support Conference*