

Austin Travis County
Mental Health
Mental Retardation Center

Presents

"Reach Out"



2nd Annual

**CENTRAL TEXAS
AFRICAN-AMERICAN FAMILY
SUPPORT CONFERENCE**

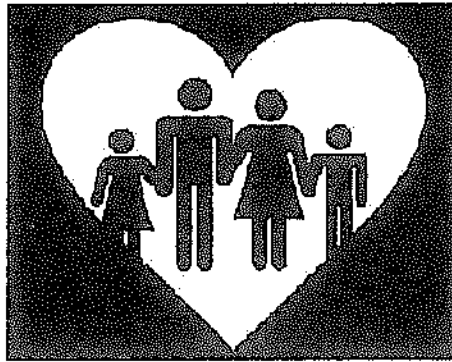
November 17, 2001

**Holiday Inn Airport South
3401 South IH-35
Austin, Texas**

Central Texas African-American Family Support Conference

November 17, 2001

“Reach Out”



Vision

The Central Texas African-American Family Support Conference is a partnership of stakeholders dedicated to the empowerment of families and individuals with behavioral health care needs by providing information, support, and networking opportunities that inspire hope for a brighter future.

Mission

The Central Texas African-American Family Support Conference shall continue to strengthen family and individual awareness of available behavioral health care services through culturally sensitive education, supports, and partnerships.



Austin Travis County
Mental Health Mental Retardation Center

November 2001

Dear Colleagues:

It is with great enthusiasm that I welcome you on behalf of the Austin Travis County MHMR Center to the Second Annual Central Texas African-American Family Support Conference. This conference, and the coalition of organizations who developed it, have provided leadership in meeting the challenges so poignantly addressed in the Surgeon General's Report on Minority Mental Health Care. Working together in the community we have learned that new approaches can be effective in helping individuals and families of color with mental illness, mental retardation or substance abuse issues. This conference is an excellent vehicle to highlight new and successful strategies.

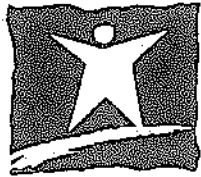
We are indebted to the many fine volunteers who have worked long and hard to develop an outstanding curriculum; to the speakers and presenters who have most graciously agreed to share their expertise and talents; and to the sponsors and underwriters whose generosity has ensured that the Conference is accessible to all who wish to participate.

The theme of this conference, "Reach Out," encapsulates the Center's philosophy and goals, and further expands upon our vision statement, "We envision an understanding community that respects and accepts each person's differences and responds with compassionate, comprehensive and quality services.

With warmest regards,

A handwritten signature in black ink, appearing to read "David Evans".

David Evans
Executive Director



Austin Travis County
Mental Health Mental Retardation Center

November 2001

Dear Friends:

The Central Texas African-American Family Support Conference grew out of the mission of the Austin Travis County MHMR Center's Work Force Diversity Council. Those of us who have worked in the fields of mental health, mental illness and substance abuse prevention recognized early on the need for innovative and new approaches in reaching out to ethnic minorities. All too often we have seen traditional methods of intervention fail miserably, failure that is exacerbated by lack of appropriate communication and case management.

This conference, entitled "Reach Out," brings us together as equal partners in combating the limitations that surround the conditions of mental health and mental retardation. Participants whose cultural perspectives may have served as a barrier to effective treatment help create new processes. They enhance the Center's very strong commitment to diversity and respect for consumers, and promote involvement throughout all segments of our community.

I wish you a wonderful conference, and look forward to welcoming you in person.

Sincerely,

A handwritten signature in cursive script that reads "Willie Williams".

Willie Williams

Conference Chair and
Chairman, ATCMHMR Workforce Diversity Council



“Reach Out” 2001

“Out Reach” is the theme of the Second Annual Central Texas African American Family Support Conference (CTAAFSC). In keeping with the philosophy of the conference, admission is free to all participants. The CTAAFSC is a diversity initiative to fulfill Austin Travis County Mental Health Mental Retardation Center’s (ATCMHMR) strategic plan and the support initiatives called for in the 1999 and the 2001 Surgeon General’s Reports. The mission of the conference is to strengthen family and individual awareness of available behavioral health care services through culturally sensitive education, supports, and partnerships. The conference draws over 200 people. An estimated 85% are consumers and/or family members.

Many African American people living with mental illness are unaware that there is help available, and that such assistance can be affordable and easily accessed. This is due to the lack of knowledge that people have about mental health and mental illness. There is a need to begin to destigmatize mental illness, increase awareness of the various aspects of mental health and mental illness, and improve the African-American community’s participation in the design, delivery, and evaluation of public/community-based mental health services.

Education is the solution. Only when communities are properly educated will the myths about mental illness cease to be barriers to obtaining effective and efficient mental health services. In addition, all need to understand the signs and symptoms of mental illness to get beyond stigma to support. To avoid the demand for an excessive need for crisis intervention, all must have access to the information necessary to maintain a mentally healthy lifestyle.

ATCMHMR believes that building a healthy future can be accomplished “by addressing the needs and requests of the people whose lives are affected by mental disabilities, substance abuse and developmental delays; building on the inherent strengths of consumers, families, staff and community; coordinating an integrated network of quality community-based services; and developing, implementing and improving our care management capabilities,” according to our strategic plan.

ATCMHMR took the first step toward dispelling the myths about mental illnesses by hosting an inaugural conference with culturally appropriate information for African Americans. The CTAAFSC targets the African American community, but embraces all members of the community regardless of race. Research indicated that the November 2000 conference was the first conference of its type in Texas and only the third in the United States. The other two were in Washington D.C. and Ohio.

To make possible this conference, ATCMHMR enlisted the help of various consumers, family members and organizations throughout the 16-county Central Texas communities.



Central Texas African-American Family Support Conference
November 17, 2001

Conference Agenda
November 17, 2001
"Reach Out"

Time	Event	Location
8:00 – 9:00 a.m.	REGISTRATION	Lobby
9:00 – 9:30 a.m.	CONFERENCE OPENING – Brenda Coleman-Beattie, MC	Large Ballroom
	Invocation – Rev. Oscar Howard, Freedom Home Baptist Church	
	Welcome/Introductions – David Evans, Executive Director Austin Travis County Mental Health Mental Retardation Center	
	Robert T. Chapa, Chairman Board of Trustees, Austin Travis County Mental Health Mental Retardation Center	
	Richard Hopkins, Vice Chair Board of Trustees, Austin Travis County Mental Health Mental Retardation Center	
	Steven P. Shon, M. D., Medical Director Texas Department of Mental Health and Mental Retardation	
	King Davis, Ph.D., Robert Lee Sutherland Chair in Policy at the University of Texas at Austin's School of Social Work	
	Karen F. Hale, Commissioner Texas Department of Mental Health and Mental Retardation	

Central Texas African-American Family Support Conference
November 17, 2001



November 17, 2001 Agenda Continued...

Time	Event	Location
9:30 – 10:00 a.m.	KEYNOTE ADDRESS – Helen Neal-Pore, “Health Realization... personal and community empowerment”	Large Ballroom
10:00 – 10:15 a.m.	BREAK	
10:15 – 11:00 a.m.	PLENARY SESSION – Claudia Richards, Public Health Advisor with Division of State and Community Assistance – Center for Substance Abuse under the Substance Abuse and Mental Health Services Administration (SAMHSA)	Large Ballroom
11:00 - 11:30 a.m.	EXHIBIT BOOTHS AND NETWORKING	Lobby
11:30 – 12:45 p.m.	LUNCH Thanksgiving – Rev. Marvin C. Griffin, Ebenezer Baptist Church Luncheon Speaker – Carmen T. Webb, M.D. “Class as a Barrier to Care”	Large Ballroom
12:45 – 1:00 p.m.	BREAK	
	CONCURRENT SESSIONS	
1:00 – 1:45 p.m.	“Finding Your Mental Health from Within” - Helen Neal-Pore and Frances Cox	Pioneer 10
	“Getting What I Need – Crossing Barriers in Treatment” - Carmen Webb, M.D.	Voyager
	“Self-determination through Individualized Budgeting: A Systems Change Approach” - Louise Lynch	Columbia
	“Strength In Numbers: HIV Impact and Prevention in the African-American Community” - Shaintay Spears-Abudu, Joe Barnes, Dr. Debra Murphy, and Molly Woods	Apollo



Central Texas African-American Family Support Conference
November 17, 2001

November 17, 2001 Agenda Continued...

Time	Event	Location
1:00 – 1:45 p.m. <i>Continued</i>	“Help! My kid’s in Special Education” - Vicky Coffee-Fletcher, DeShaun Bradley, and Vickie Black	Gemini
1:45 – 2:00 p.m.	BREAK	
2:00 – 2:45 p.m.	“The Road to Independence” - Mike Halligan and Leigh Redmond	Columbia
	“Ask The Doctors Mind and Body Questions” - James Van Norman, M.D. and others	Pioneer 10
	“Texas Rehabilitation Commission Services” - Darren Richards and Linda Johnson	Gemini
	“The Effect of Substance Abuse and Mental Health on Adult and Juvenile Offenders” - Eve Hill	Voyager
	“Addressing the Plight of African-American Women in Prison and Their Children” - Dr. Darlene Grant, Eunice C. Garcia, Tanya Voss, and Toni K. Johnson	Apollo
2:45 – 3:00 p.m.	BREAK	
3:00 – 3:45 p.m.	“Leadership Agent Teams” - Dr. Anna Escamilla	Columbia
	“SUPPORT, EDUCATION & ADVOCACY: Starting an African-American Support Group, Utilizing the Resources Available” - Brenda Coleman-Beattie, Pam Brown and Florry Darby	Pioneer 10
	“Mutual Support Makes A Difference” - LaRita and Alex Pryor	Voyager
	A TIME TO BE STRESSED AND A TIME TO RELAX: AN INTERACTIVE WORKSHOP ON STRESS, BURNOUT AND DISEASE” - Rev R. Augustin Sicard	Apollo

Central Texas African-American Family Support Conference
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November 17, 2001 Agenda Continued...

Time	Event	Location
3:00 – 3:45 p.m. <i>Continued</i>	“The Media and Mental Illness” - Seth Margolies	Gemini
3:45 – 4:30 p.m.	PULLING IT ALL TOGETHER/ Wrap up – Brenda Coleman-Beattie	Large Ballroom
	BENEDICTION – Rev. R. Augustin Sicard, St. Martin and St. Rose Parish	



Central Texas African-American Family Support Conference November 17, 2001

Speakers' Biographies

Joseph T. Barnes

Joseph Barnes spent nearly two decades working in rehabilitation and human service programs for people coming out of the prison system. He is a Licensed Chemical Dependency Counselor and currently is Coordinator of Communities Together Project, a peer-based outreach and support program targeting HIV+ African-Americans and Latinos.

Vickie Black

Vickie Black has spent over sixteen years advocating for people with special needs and different "abilities." She is the current Parent Service Coordinator for the Austin Travis County MHMR Center. This position is part of a collaboration between the Center and the Texas Department of Health to help families of children with special health care needs. The mother of a son with multiple mental and physical challenges, Ms. Black also volunteers for numerous community organizations providing parent education for teens and first time mothers.

DeShaun Bradley

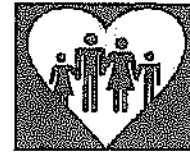
DeShaun Bradley is the mother of a son with autism, and is committed to helping families of children with special needs. She is currently employed as a Parent Liaison with the Children's Partnership. Additionally, Ms. Bradley served on many volunteer committees including AISD's Special Education Advisory Committee and as a Commissioner on the Mayor's Committee for Persons with Disabilities. She is currently pursuing a graduate degree in special education from Southwest Texas State University.

Pam Brown

Pam Brown is currently the president of The National Alliance for the Mentally Ill Austin, or NAMI Austin. Ms. Brown's outreach efforts were recognized by the Mental Health Association of Texas' 2001 Ring of Honor award. She holds a bachelors degree in Telecommunications and graduated from the Enterprise Foundation's Community Leadership Development Project. NAMI is where she learned about advocacy and found support through people with shared experiences. She's been an advocate for her brother's mental health services and an active member of NAMI since 1994.

Robert Chapa

Robert Chapa has served as Chairman of the Board of the Austin Travis County MHMR Center since 1994. He developed a strong record of volunteer accomplishments both prior to and after his retirement as the State Director of the U.S. Department of Labor, serving on the Boards of the Boy Scouts of America, Hispanic Chamber of Commerce and numerous other organizations. A retired Major, U.S. Army Reserve, he is a recipient of the Bronze Star Medal. Mr. Chapa recently served as campaign treasurer to Austin Mayor-Elect Gus Garcia.



Speaker Biographies Continued

Vicky Coffee-Fletcher, LPC

Vicky Coffee-Fletcher is Director of Wraparound Services for the Children's Partnership, an innovative program to assist children with complex mental health needs and their families. She has worked extensively with community mental health facilities in Pennsylvania and Texas and is a Licensed Professional Counselor. Her short-term goal is to have a part-time practice providing home therapy primarily for children of color and their families.

Brenda Coleman-Beattie

Brenda Coleman-Beattie has a personal and professional commitment to people with developmental disabilities and a mental illness. Co-founder of the Austin, Texas African-American Alliance for Mental Illness chapter of the National Alliance for Mental Illness (NAMI), Ms. Coleman-Beattie has extensive experience in managed behavioral healthcare and public finance. She is employed as the Assistant Chief Operating Officer for the Lower Colorado River Authority where she is responsible for strategic planning.

Frances A. Cox, M. Ed., L.P.C.

Frances Cox is a Licensed Professional Counselor and has been in private practice as a therapist and trainer since 1991. Her specialties include adolescent, adult and family recovery from addictions, grief therapy, and treatment for depression and domestic violence. She was formerly the Director of Victim Services for the Travis County District Attorney's Office and also administered programs for the Texas Department of Criminal Justice.

Florry Darby

Florry Darby is a community volunteer. He has worked tirelessly advocating for substance abuse programs and support services through Austin Recovery, and is a member of the Austin Chapter of the National Association for the Mentally Ill (NAMI).

King Davis, Ph.D.

King Davis is the Robert Lee Sutherland Chair in Mental Health and Social Policy at The University of Texas at Austin's School of Social Work. The former Commissioner of the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services, Dr. King has also held academic posts at the University of Virginia, Howard University and the University of Maine.

Anna Escamilla, Ph.D.

Anna Escamilla holds a doctorate in special education and rehabilitation counseling from The University of Texas at Austin. She has been in private practice since 1984 and has worked as a counselor and administrator for a number of outreach programs for people with disabilities through The University of Texas. Dr. Escamilla is an adjunct professor at The University of Texas School of Social Work and has written and lectured extensively on leadership, family and interpersonal relationships and many other topics.



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Speaker Biographies Continued

David Evans

David Evans is the Executive Director of the Austin Travis County MHMR Center, a position he assumed in 1993. He has had a distinguished career in mental health and retardation services, administering programs in such diverse locales as Georgia, Nebraska, and Michigan. He actively participates on many boards and task forces and is a past Chair of the Executive Directors' Consortium of the Texas Council of Community MHMR Centers.

Eunice C. Garcia, LMSW-ACP

After practicing as a social worker in a family service agency, Eunice Garcia joined the School of Social Work at the University of Texas in field and classroom teaching. Special emphasis has been on social work in schools, gerontological social work and community-based service delivery to people with disabilities. Additionally, she supervises student interns at a variety of Austin human service agencies and has developed an elective course on Social Work with Mexican American families.

Darlene Grant, Ph.D., LMSW-ACP

Darlene Grant holds a doctorate from the University of Tennessee in Knoxville. She has been on faculty at The University of Texas at Austin since 1994 where she is an Associate Professor. Prior to moving to Texas Dr. Grant taught and practiced social work in Tennessee. She has published extensively with a focus on women's and children's issues and is also a professional singer.

Rev. Marvin Griffin

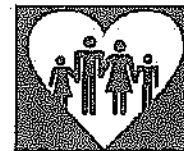
The Rev. Marvin Griffin is pastor of Ebenezer Baptist Church, one of Austin's oldest and most distinguished African-American religious institutions. Rev. Griffin has had a stellar career both as a religious leader and community volunteer. He has spearheaded numerous community initiatives and is a former member of the AISD Board of Trustees.

Mike Halligan

Mike Halligan is the Executive Director of the Texas Mental Health Consumers, a position he has held since 1996. Prior to this appointment he worked for over a decade as a staff psychologist and case worker for mental health community centers in Texas and the San Angelo State School. He holds an M.S. in psychology from San Angelo University and is the current President of the Central Texas Chapter of People Against Violent Crime.

Karen Hale

Karen Hale is the Commissioner of the Texas Department of Mental Health and Mental Retardation. Prior to this position, she served as Interim Commissioner and Assistant Commissioner. Ms. Hale also served in various capacities with the Fort Worth State School and Tarrant County MHMR Services. She was Associate Director of the Mental Health Association in Texas for eight years.



Speaker Biographies Continued

Eve Hill, LCDC

Eve Hill is the Substance Abuse Assessor for the Travis County Juvenile Probation Office. She was formerly a Program Manager for the Austin Family House, Inc./Legacy Program where she oversaw direct services to clients including individual and group therapy and life skills classes, and a caseworker for the Oak Springs Treatment Facility, a program of the Austin Travis County MHMR Center. She holds a B.S. in Criminal Justice from Southwest Texas State University.

Richard Hopkins

Richard Hopkins is the Vice-Chairman of the Board of Trustees of the Austin Travis County MHMR Center. He has served on the Board since 1992. He is the Director of Programs for the Texas Rehabilitation Commission and is an active participant in both the National Rehabilitation Association and the Texas Rehabilitation Action Network. He is involved in many community endeavors including the Austin Capital City Lions Club and the Austin Sickle Cell Anemia Associates.

Reverend Oscar Howard

Reverend Oscar Howard is pastor of Freedom Hope Baptist Church in Austin, a religious congregation well known in the Central Texas community for its innovative outreach programs and ministry to those in need.

Linda Johnson

Linda Johnson is currently employed with the Texas Rehabilitation Commission-Central Office as the Program Specialist for Transition from School to Work, Client Training and Learning Disabilities Specialist. She was previously a vocational rehabilitation counselor in the Houston area with a background in special education and teaching. Ms. Johnson has a Masters Degree in Vocational Rehabilitation Counseling from The University of Texas at Austin.

Toni K. Johnson

Toni Johnson is a doctoral candidate at the Social Work School at The University of Texas at Austin with an expected graduation date of May, 2002. She is a licensed master social worker and has developed a number of workshops highlighting diversity and cultural competency in the practice of human services. She is a recipient of the CSWE Minority Research Fellowship and a Texas Excellence Teaching Award.

Louise F. Lynch, MSSW-AP

Louise Lynch is a Licensed Master Level Social Worker. She is employed with the Mental Retardation Services Network of the Austin Travis County MHMR Center, rising through the ranks to become Network Director in 2000. She is actively involved in both the Texas and American Associations on Mental Retardation and is a member of the Phi Beta Kappa Honor Society.



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Speaker Biographies Continued

Seth Margolies

Seth Margolies holds a B.S. degree from Polytechnic University in Brooklyn and was pursuing a Ph.D. in Physics at Temple University in Philadelphia when he experienced his first bout of severe mental illness. He has worked in both professional and volunteer capacities for mental health associations in both Pennsylvania and Texas, and initiated computer program resources for consumers. He is currently employed as the Consumer Affairs Coordinator for the Austin Travis County MHMR Center.

Debra Murphy, Ph. D.

Debra Murphy has an extensive background in teaching, research and program implementation and evaluation in the areas of health disparities, mental health and health promotion. She is currently an Associate Professor of Psychology and Director of the College Health Connection: A HIV/AIDS Awareness and Risk Reduction Initiative at Huston-Tillotson College. She has published widely on the topics of HIV, substance abuse prevention and related topics.

Helen Neal-Pore

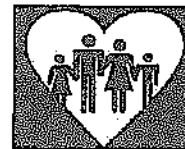
A licensed motivational speaker, Helen Neal-Pore began speaking to women about her own issues with domestic violence and how she overcame them in 1993. Today she educates and motivates individuals, companies and inner-city communities with first hand knowledge of discovering the power within to recover their own lives. Ms. Neal-Pore resides in Tampa and is President of Life Changing Consulting. She also works as a prevention specialist for the Tampa Hillsboro Action Plan, working with prison populations and IV drug users.

Alex and LaRita Pryor

Alex and LaRita Pryor met and married in 1987. Ms. Pryor, an exceptionally gifted writer and poet who also battles mental illness, says that their marriage is held together through "faith in God and mutual support." Mr. Pryor holds a BSEE in electrical engineering from Cal Poly. Ms. Pryor graduated with a degree in Political Science from Colorado Women's College. They are the co-founders of Princess Press, a family-owned business that publishes the works of Ms. Pryor and other like-minded authors.

Leigh Redmond

Six years ago Leigh Redmond left Northern Ireland to come to the United States, attracted by the opportunities that the Americans With Disabilities Act afforded people with disabilities to lead independent lives. Ms. Redmond had worked as a community director for a disability organization in Ireland, and soon became active in Texas, joining the Coalition of Texans with Disabilities. She is the current Community Director for the Texas Mental Health Consumers, a position she has held for two years.



Speaker Biographies Continued

Claudia Richards

For the past nine years Claudia Richards has served as the Senior Public Health Advisor and Team Leader for Substance Abuse Mental Health Services with the U.S. Department of Health. She is responsible for administrative direction, and management oversight of States and territories Substance Abuse Prevention and Treatment Block Grant to State Alcohol and Drug Abuse agencies. Her career has included twenty years of professional behavioral health experience, including policy, planning and administrative positions in federal, state and community-based organization levels. Ms. Richards has received many awards from the Secretary of the U.S. Department of Health in recognition of her accomplishments.

Darren Richards

Darren Richards is with the Texas Rehabilitation Commission-Central Office and functions as the Program Specialist for Mental Health/Mental Retardation and Substance Abuse. Mr. Richards is an experienced vocational rehabilitation counselor and now provides consultation and assistance to counselors, clients and providers for the Agency. He previously oversaw Home and Community based waiver programs providing services to a number of mental health and developmental disability populations.

Rev. R. Augustin Sicard, Ph.D., M.P.H., N.D.

Augustin Sicard is the Clinical Trainer and Resource Developer for the Center for Healthcare Services in San Antonio, Texas. Additionally, he is the Pastor of St. Martin and St. Rose Parish in San Antonio.

Shaintay Spears-Abudu, MPH, MS

Shaintay Spears-Abudu is the Program Director of the HIV Wellness Center. She was formerly Director of Prevention Programs for AIDS Services of Austin, the Director of Women's Initiatives for the AIDS Foundation of Houston and a Minority Health Program Specialist with the Texas Department of Health. Her expertise is in developing culturally sensitive curriculum for public health issues.

Jim Van Norman, M.D.

Dr. Jim Van Norman is the Director of Medical and Clinical Services at the Austin Travis County MHMR Center. He also serves as the Vice-president and Medical Director of Tejas Behavioral Health Services, Inc. Formerly an associate professor with the University of Texas Medical School Department of Psychiatry, he is a Board Certified Psychiatrist.



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Speaker Biographies Continued

Tanya Voss, LMSW

Tanya Voss is a Field Specialist at the University of Texas at Austin School of Social Work, where she teaches methods classes and integrative seminars to first year graduate students and supervises student internships. Previously, Ms. Voss administered the school's Family Support Program for Ex-Offenders, serving parolees and their families. She has written and lectured extensively on the issues affecting children of incarcerated parents,

Carmen Thurston Webb, M.D.

Dr. Carmen Webb is a board certified psychiatrist in private practice in Dallas. Prior to moving to Texas, she worked in Pennsylvania where she was on faculty and a researcher for the Medical College of Pennsylvania/Eastern Pennsylvania Psychiatric Institute. She is the author of *Taking My Place in Medicine; A Guide for Minority Medical Students* which was published in 2000.

Willie Williams, M.S., L.C.D.C., C.A.S.

Willie Williams is the Provider Relations Liaison for the Austin Travis County MHMR Center. Mr. Williams serves in the Health Partnership 2010 and the Sustainability Indicators Project. He is the Chair of the South Texas Family Support Conference and the Central Texas African American Support Committees.

Memelah (Molly) Woods

Molly Woods is the Early Intervention Coordinator for the Austin Travis County MHMR C.A.R.E. Program. Ms. Woods' career in human services has spanned over twenty years, with particular emphasis on helping people with substance abuse and related issues. She is a Senior Certified Addictions Counselor and a licensed Reiki Practitioner.



Sponsors

*Thanks to the following organizations for their contribution to the success of the 2nd Annual
Central Texas African-American Family Support Conference*

Adelea Ibsen

Austin Travis County Mental Health Mental Retardation Center

Bluebonnet Trails Community Mental Health Mental Retardation Center

Chrissy McGinley

Eli Lilly & Co.

Frances Cox

Freedom Home Baptist Church

Hogg Foundation

Hospital Pharmacy

Huston-Tillotson College

Karen Kauffinan

NAMI-Austin

NAMI-Williamson County

Texas Department of Mental Health and Mental Retardation

Texas Mental Health Consumers/Junior League of Austin

The University of Texas at Austin School of Social Work

The Villager Newspaper

Walston Warner

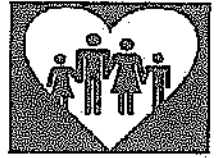


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Special Thanks

The Central Texas African-American Family Support Conference sponsors would like to thank the following people for their help in making the conference a success.

Rhonda Agan	Beverly Scarborough
George Anderson	Julia Solis
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Aundrea Bradley	Sharon Taylor
Pam Brown	Rodney Walker
Vicky Coffee-Fletcher	Sharon Walker
Brenda Coleman-Beattie	Walston Warner
Frances A. Cox	Diana Whiteside
Marty Darnell	Willie Williams
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Work Force Diversity Council	
Dr. Debra Murphy's Psychology Classes: Huston-Tillotson College	



Exhibitors

Thanks to the following organizations for exhibiting their organizations

Advocacy, Inc.

African American Adoption Program

Austin Child Guidance Center

Austin/Travis County Health and Human Services-Community Services Division

Austin/Travis County Health and Human Services-Diabetes Awareness & Wellness Network

Bluebonnet Trails Community Mental Health Mental Retardation Center

Children's Partnership

Community AIDS Resources and Education Program (CARE)

Easter Seals

Family Eldercare, Inc.

National Alliance for the Mentally Ill (NAMI)

STAR Medicaid

Texas Interagency Council on Early Childhood Intervention

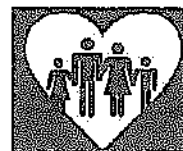
Texas Mental Health Consumers

Texas Rehabilitation Commission



New Friends I've Met

Name:	Notes:
Address:	
City, State Zip:	
Phone:	
Fax:	
E-Mail:	
Name:	Notes:
Address:	
City, State Zip:	
Phone:	
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Notes

**Central Texas African-American
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Please take a few minutes to complete this evaluation. Your input is important to future conferences. Thank you for your help!

Please circle the number that you feel is most appropriate for the success of each session indicated.

	Fair	Average	Good	Superior
Opening Session	1	2	3	4
Keynote Address	1	2	3	4
Plenary Session	1	2	3	4
Luncheon Session- "Class as a Barrier to Care"	1	2	3	4
1:00 p.m. – 1:45 p.m.				
Finding Your Mental Health from Within	1	2	3	4
Getting What I Need-Crossing Barriers in Treatment	1	2	3	4
Self-determination through Individualized Budgeting: A Systems Change Approach	1	2	3	4
Strength In Numbers: HIV: Impact and Prevention in the African-American Community	1	2	3	4
Help! My Kid's in Special Education	1	2	3	4
2:00 p.m. – 2:45 p.m.				
The Road to Independence	1	2	3	4
Ask the Doctors Mind & Body Questions	1	2	3	4
Texas Rehabilitation Commission Services	1	2	3	4

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	Fair	Average	Good	Superior
2:00 p.m. – 2:45 p.m.				
The Effect of Substance Abuse and Mental Health on the Adult and Juvenile Offender	1	2	3	4
Addressing the Plight of African American Women in Prison and Their Children	1	2	3	4
3:00 p.m. – 3:45 p.m.				
Leadership Agent Teams	1	2	3	4
SUPPORT, EDUCATION AND ADVOCACY: Starting an African American Support Group, Utilizing the Resources Available	1	2	3	4
Mutual Support Makes A Difference	1	2	3	4
A TIME TO BE STRESSED AND A TIME TO RELAX: AN INTERACTIVE WORKSHOP ON STRESS, BURNOUT AND DISEASE	1	2	3	4
The Media and Mental Illness	1	2	3	4
3:45 p.m. - 4:30 p.m.				
Closing Session	1	2	3	4

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Family Support Conference
November 17, 2001**

What question(s) would you like to have answered about mental health that was not addressed in this conference? Your question(s) will be used to develop future conference sessions. If you would like an answer to your question(s) by a qualified professional please leave your name and contact information.

Do you have any suggestions regarding future topic or speakers?

Is there a specific session(s) you would like to see us repeat next year?

Additional Comments:

Please complete this area if you would like to have a specific question answered or if you would like to be notified of future conferences. If you would like to remain anonymous, questions will be answered in future conferences.

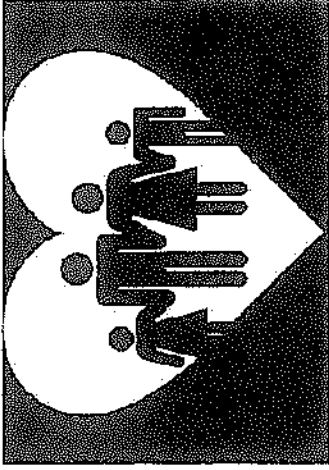
Name: _____

Address: _____

City, State, Zip _____

Phone: _____

E-mail: _____



“Reach Out”

Certificate of Appreciation

Awarded to:

For participation in the 2nd Annual Central Texas African-American
Family Support Conference on November 17, 2001 in Austin, Texas

Willie Williams

Willie Williams, Chairperson
Austin Travis County MHMR Center

David Evans

David Evans, Executive Director
Austin Travis County MHMR Center