Dear

Many African Americans in our community are unable to access the mental health supports they need. In fact, research shows that just 1 in 4 African Americans seek mental health care—even though they are 20% more likely than the general population to live with a serious mental illness.

The Central Texas African American Family Support Conference (CTAAFSC) aims to increase access to mental and physical health services, reduce stigma, and eliminate health care disparities in our community. CTAAFSC brings together consumers, individuals with lived experience, family members, community members, and professionals to discuss mental health and give them the tools they need to build health and well-being. CTAAFSC encourages individuals living with mental illness, intellectual and developmental disabilities, and substance use disorder to share their stories.

The 20th annual CTAAFSC will be held February 11-12, 2020 at Palmer Events Center in Austin, Texas. We invite you to partner with us to promote mental health and well-being for African Americans. With your support, we can engage and empower our community. There are many ways to help, including:

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| * Becoming a conference sponsor
* Sharing conference information in your newsletter or community calendar
 | * Attending the conference or sending representatives from your organization
* Distributing copies of the conference flyer
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Enclosed, please find ten conference flyers and a sponsorship packet. To learn more or register for the conference, please visit ctaafsc.org or contact Jodie Eldridge, Director of Resource Development, at jodie.eldridge@integralcare.org.

Thank you for helping us ensure that our communities have the information they need to reach their full potential. Together, we can build a stronger, healthier community.

Sincerely,

David Evans

Chief Executive Officer

Integral Care CTAAFSC Fundraising Committee Member