

20th Central Texas African American Family Support Conference

Program Guide, Day One – Tuesday, February 11, 2020

8:00 AM – 3:00 PM	Conference Registration Open
8:00 – 9:00 AM	Continental Breakfast
8:00 AM – 4:30 PM	Exhibitors Open
8:00 AM – 4:30 PM	Comfort Room Open
9:00 – 9:30 AM Exhibit Hall 2	Opening Ceremony Moderators - Vicky Coffee and Kimberly Holiday All about 20 years! Welcome Remarks - Mayor Adler Moment of Silence and Prayer - Rev. Hendrix Pledge of Allegiance - Audience Black National Anthem - Sharon Taylor “Lift Every Voice and Sing” Recognition of OG – Papa Willie
9:30 – 10:00 AM	Motivational Speaker - SaulPaul
10:00 – 10:30 AM	Break - Visit Posters & Exhibits
10:30 – 12:00 PM	Morning Workshop Sessions
<i>Meeting Room 1</i>	WORKSHOP #1 – Healing with Nature: Eco-therapy for Black Wellbeing , Starla Simmons [Community]
<i>Meeting Room 2 CEU</i>	WORKSHOP #2 – AMEN: African American Mental Health and Wellness Program , Jacklyn Hecht - Co-presenters: Daryl Horton, Ray Hendricks [MH/Chronic Disease]
<i>Meeting Room 3</i>	WORKSHOP #3 – Self Care: Music, Mental Health and Metaphors , SaulPaul, Co-presenters: Blanca Neal, Dr. Raphael Travis Jr [MH/Music]
<i>Meeting Room 4</i>	WORKSHOP #4 - It’s Okay Not to Be Good , Paul Toviessi [MH]

Meeting
Room 5

WORKSHOP #5 – Addressing the Impact Adultification Has on African American Children, Jacqueline Miller

Meeting
Exhibit Hall

WORKSHOP #6 Black Youth, Mental Health, and the Power of Effective Advocacy, Elliot Niblack

Break: Visit Posters & Exhibits

11:45 AM

Lunch is open

Exhibit Hall 2

Davis and Hopkins Legacy Luncheon

Noon
12:15 PM

Moment of Silence and Prayer - Rev. Daryl Horton

Scholarships:

Austin Area Mental Health Consumers

Michele Bibby Scholarship

R&R Coleman-Calahan

The Wood Group Scholarship

Awards for the Central Texas African American Healthy Minds Project - Vicky Coffee HOGG Foundation

12:30

Moderators – Vicky Coffee and Kimberly Holiday
Entertainment - Carlita Fielder Slam Poetry

12:45

Keynote: Dr. King Davis

Title: Historical Solutions to the Problems Minorities Face

Afternoon Workshop I

1:30 – 3:00 PM

Meeting

Room 1

***CEU WORKSHOP #1 – Pushed to Purpose, Kendale Brown [Substance Use]**

Meeting

Room 2

WORKSHOP #2 – Awareness Building: Supporting Black Mothers Experiencing Postpartum Depression, Nakeenya Wilson, Co-presenters: Michelle Rountree, La'Toya Swan, Alexis Henderson [Community]

Meeting

Room 3

WORKSHOP #3 – In the Right Seat, Billy Dorsey [Community]

CEU Meeting

Room 4

***CEU WORKSHOP #4 – The Value of Recovery Language, Michele Bibby – Joe Powell [MH/Recovery]**

Meeting 5

Room 5

WORKSHOP #5 – Crazy No More: Dispelling the Mental Health Myths That Keeps Us Silent, Karen Ranus [Community]

Exhibit Hall 2

WORKSHOP #6 – Alternative Perspectives in Mental Health: Using Nutrition, Complementary Medicine, and Detoxification to Heal Our Brains Deborah Rosales-Elkins

3:30 – 3:45 PM

Break

3:45– 5:15 PM

Meeting 1

Room 1

Afternoon Workshop II

***CEU WORKSHOP #1 – 911: Saving Our Children in Turbulent Times, Barbara Fountain [Community/Children]**

Meeting

Room 2

***CEU WORKSHOP #2 – When Grief Becomes Complicated, Ulysses Moore Co-presenter: Kimberly Holiday [MH/Grief]**

*Meeting
Room 3*

***CEU WORKSHOP #3 – Where is my Son?** *Rosalee Martin [MH]*

*Meeting
Exhibit Hall 2*

WORKSHOP #4- Living Your Best Sandwich Life, *Tracee Black-Fall*
Entertainment: Gangsta Granny

Rooms 4 & 5
5:30 – 7:00 PM

RECEPTION

Hosted by the Austin Area African American Behavioral Health Network
Location: Palmer Events Center 900 Barton Springs Road

Program Guide, Day Two - Wednesday, February 12, 2020

8:00 AM – 12:00 PM	Conference Registration Open
7:30 AM – 8:15 AM	Continental Breakfast
8:00 AM – 2:00 PM	Exhibitors Open
8:00 AM – 3:00 PM	Comfort Room Open

8:30 – 8:35 AM – Morning Welcome Moderators – Vicky Coffee and Kimberly Holiday

8:35 – 8:45 AM Opening Entertainment – Gangsta Granny

8:45 – 9:45 AM Poster Presentations
Exhibit Hall 2 “Bold and Unapologetically Walking in Victory”

ANNOUNCEMENTS

9:45 – 10:00 AM Break back to Exhibitors

Morning Sessions
[10:00 AM – 11:30 AM]

Meeting
Room 1 **WORKSHOP #1 – Reentering from Corrections to the Community, William Lawson**
Co-presenters: Joe Powell, Marilyn Poole, Richard Hopkins [Substance Use/Incarceration]

Meeting
Room 2 ***CEU WORKSHOP #2 – Addressing the Mental Health Impact of ACEs: Integrating Policy and Advocacy to Achieve Equity, Althea Stewart**
[MH/Community]

Meeting
Room 3 ***CEU WORKSHOP #3 – You Get That Trauma from Yo Momma: Remain Licensed to Live, Jarret Patton [MH Trauma]**

Meeting
Room 4

***CEU WORKSHOP #4 –Building Faith Leader Capacity for Community Prevention and Family Recovery Support Efforts, Drew Brooks**
Co-presenter: Dr. Monteic Sizer[Community/Faith]

Meeting
Room 5

WORKSHOP #5 – Collaboration is Not a Dirty Word, Sonia Hartman
Co-presenters: Christinia Kuehn, Monica Reyes, Bertha Rodriguez [Community/Family]

11-11:30 AM

Lunch set up

11:30 AM

Entertainment: Ms. Suga Williams
Garnet F. Coleman Award Luncheon

Exhibit Hall

Moment of Silence and Prayer: Imam Asim
Moderators: Vicky Coffee and Kimberly Holiday
Entertainment: “Suga” Williams

12:00 – 12:25 PM

Richard Hopkins Torch Awards Presentation

Presented by Judy Gardner:

- Community Leader
- A person with Lived Experience
- Professional
- Family

12:25 – 12:55 PM

Legislative Update

Honorable Garnett Coleman, Texas State Representative
Houston House District 147

Plan B is Rep. Sheryl Cole

Plan C is no one - prep Ms. Suga

12:55 – 1:00 PM

Garnett F. Coleman Eternal Flame Award Presentation

1:00 – 1:45 PM

Keynote: Dr. Althea Stewart

Title: “Using Mental Health Research to Achieve Health Equity

1:45 – 2:10 PM

Break

2:10 – 2:20 PM

Entertainment: Gangsta Granny
Announce Poster Session Winner

2:30 – 3:30 PM

Afternoon Plenary – Le’Andria Johnson

3:30 – 3:40 PM

Closing Remarks by David Evans & Willie Williams

Announce next year's date and Keynote Speaker

3:40-4:30

Le'Andria Johnson photo op