

A Call to Professionals:

The 2021 Central Texas African American Family Support Conference will be virtual. A virtual conference provides us with some unique opportunities that are not possible with in-person conferences. We are now able to reach out across Central Texas, Texas and across the country to all our African American colleagues, friends and family members to [join us February 3-5](#). The conference can be watched live or at the convenience of the attendee(s).

We are reaching out to you, a behavioral health professional who provides services to families and individuals.

Ways you can help:

Encourage your clients to participate in the 2021 virtual conference

Invite colleagues

Host watch parties

Process the workshops – with individuals and groups

Provide opportunities for groups to be engaged, learn together and gain information

[Donate](#) so more individuals, who can't afford the registration, can attend

We hope you and your clients can join us at the 21st Annual Central Texas African American Family Support Conference from February 3-5, 2021. The cost of the conference has been reduced: \$15 individuals with lived experience, \$25 community members, \$75 professionals.

For more information about the Conference, go to ctaafsc.com. You may register using one of these links:

[Register using Debit & Credit Cards](#)

[Register using Check & Purchase Orders](#)

If you have clients between the ages of 14-24, you may consider supporting the [Yes2Best Youth Summit](#) to be held on February 6, 2021. It is free and it will be held virtually too.

ABOUT THE CONFERENCE:

We come together to promote our own health and wellness and that of our community. The conference is filled with the most current information on mental health, substance use disorder and intellectual and developmental disabilities, led by caring health experts and people with their own lived experiences with these conditions. With interactive workshops and inspirational speakers, we share our stories, expand our knowledge, and connect with support and resources to live healthier, more resilient lives.

We explore how race, social conditions and economic status affects what diseases and conditions we struggle with. We explore how those factors affect our experience with health care and what we can do as individuals and as a community to address these challenges. This conference is an opportunity for us to reduce stigma and confront bias while increasing access to care. We come together to lift one another up and move towards a healthier future. Because, when people have a strong foundation of physical and mental health, they can reach their full potential.